



My Daaglikse Wateriname Kaart





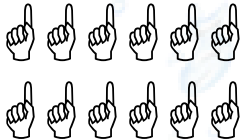

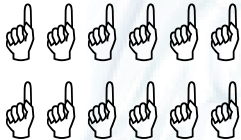
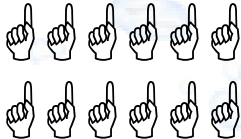




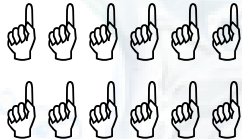
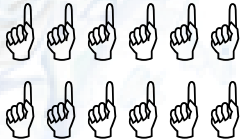










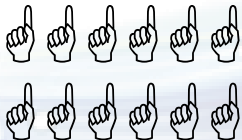



www.die28daeeetplan.co.za

WEEK 1

WEEK 2

WEEK 3

WEEK 4

| | MAANDAG | DINSDAG | WOENSDAG | DONDERDAG | VRYDAG | SATERDAG | SONDAG |
|--------|--|--|--|--|--|--|--|
| WEEK 1 |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |
| WEEK 2 |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |
| WEEK 3 |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |
| WEEK 4 |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |  Addisioneel____ |